







How to schedule an annual police or fire occupational health exam at Reserve Health

- 1 Visit the Marathon Health portal at my.marathon.health (if you have not downloaded the app, its available on iOS and Android) and sign in.

The Marathon Health patient portal and mobile app are quick and easy ways to manage your healthcare needs.

-  **Appointment Scheduling:** Book appointments with your provider
-  **Video Visits:** Meet virtually with your care team
-  **Messaging:** Communicate securely with your care team
-  **Medications:** Manage your prescriptions and request refills
-  **Health Records:** Easily access your medical records
-  Download now. [iOS](#) and [Android](#)

Sign In

Username or Email *

Enter your username or email

Password *

Enter your password [SHOW](#)


[Forgot Password?](#)


Sign In


[Register My Account](#)


- 2 Click on **Schedule an appointment.**

Hi, How can we help you today?



 →
Schedule an appointment

 →
Refill a medication




 →
Send a message

 →
View your health records

Latest News

What's New

-  **Complete your Health Risk Assessment**
-  **Monthly Wellness Programming**
February 1st, 2025
-  **Pelvic Floor Physical Therapy**
May 29th, 2024

- 3 **Select the reason for your visit.** Use the quick access buttons to select Police Department Occupational Health Exam or Fire Department Annual NFPA Medical Exam or utilize the type ahead search bar to type POL or FIRE. You can also click the link to view the "complete list of visit reasons."

Police Department Occupational Health Exam

Online scheduling is available only for appointments that occur in your birth month. You will be able to schedule starting 45 days before that month. If you need to schedule outside of this timeframe, please contact Reserve Health at 980-265-8869 for assistance.


Fire Department Annual NFPA Medical Exam

Online scheduling is available only for appointments that occur in your birth month. You will be able to schedule starting 45 days before that month. If you need to schedule outside of this timeframe, please contact Reserve Health at 980-265-8869 for assistance.

- 4 Select In-Person Visit and click **Search Availability**.

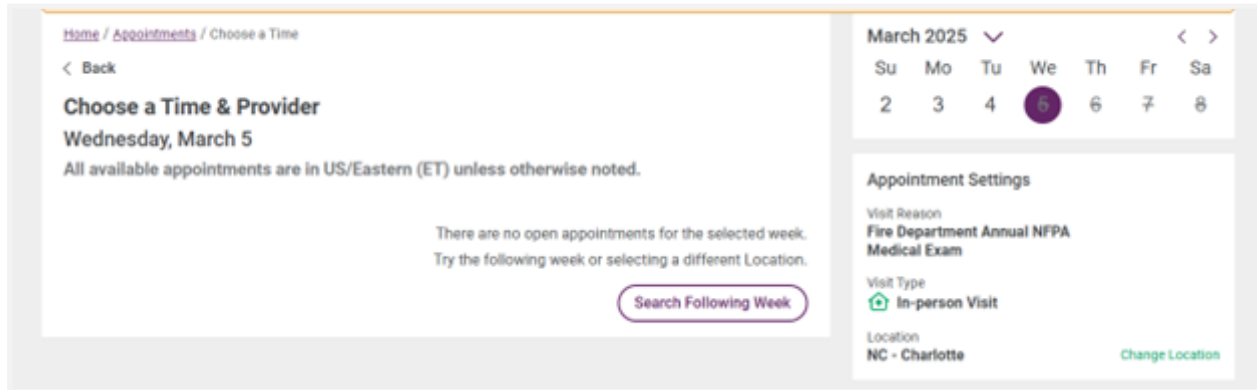
View our [complete list](#) of visit reasons.

What visit type will you need?*

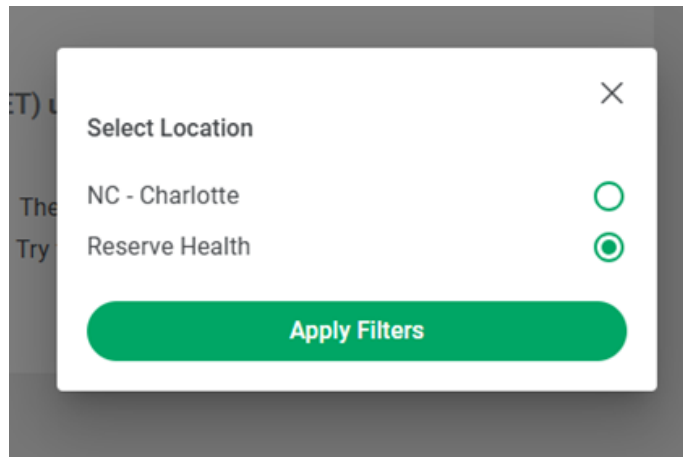


Search Availability

- 5 On the right side of the page, you will need to click **Change Location**.



- 6 Then select **Reserve Health** and click **Apply Filters**. You will be able to select your preferred time and provider.



- 7 **Please note:** if you are not on a City of Charlotte medical plan, you will need to call **Reserve Health** at **980-265-8869** to schedule your appointment. Self-scheduling is currently available to those employees on a City of Charlotte medical plan.



Schedule an appointment
Call 866-343-3255
or visit my.marathon.health